October/December 2026 | VOl 1

THE Sky Life

VALENCIASKY

NAPLES PREMIER 55+ COMMUNITY

Get spooky with us at
HOWL-O-WEEN
COCKTAILS & COSTUMES PARTY
October 31st

FRIENDSGIVING
POTLUCK
November 18th

VS

MERRY & BRIGHT
HOLIDAY NIGHT
December 10th

Ring in the
NEW YEAR WITH US!
December 31st



CONTACT INFORMATION

VALENCIA SKY
2740 Durham Circle, Naples FL 34112

Clubhouse Main Line:
239-480-5525

GRS Community Management Hours
Monday – Friday
10:00 a.m. – 12:00 p.m. & 1:00pm – 4:00 p.m.
After Hours Line: 561-641-8554

PROPERTY MANAGER
Lori Nixon
lnixon@grsmgt.com

LIFESTYLE DIRECTOR
Jillian Gibson
jgibson@grsmgt.com

RACQUET CLUB & PRO SHOP
Director of Racquets & Bocce
Nathan Smiley
nathan@fmsportsmgmt.com

PRO SHOP
proshop@vskyathletics.com
239-480-5528

TOTAL HEALTH SYSTEMS
info@totalhealthsystemsinc.com



SAVE THE DATES

OCTOBER

October 08 – **Pickleball Conditioning Fitness Class**
October 08 – **Oktoberfest Celebration**
October 24 – **Neighbors Night Out at FC Naples**
October 31 – **Halloween Pickleball Challenge**
October 31 – **Howl-O-Ween at the Dog Park**
October 31 – **Cocktails & Costumes**

NOVEMBER

November 11 – **Veterans Day Breakfast**
November 11 – **Veterans Day Red, White & Rally**
November 18 – **Friendsgiving Potluck**
November 21 – **Burn the Bird Pickleball Social**

DECEMBER

December 10 – **Merry & Bright Holiday Night**
December 17 – **Holiday Trolley**
December 19 – **Dink the Halls**
December 23 – **Holiday Family Movie Night**
December 28-30 – **Family Week**
December 31 – **New Years Eve Celebration**

*Disclaimer: all events and activities are subject to change and additional activities and events may be added to the calendar.

NEW HOMEOWNER ORIENTATION

Next Orientation is Wednesday,
November 4th from 10:00am – 11:00am.

New residents are invited to attend an orientation session with the GRS Community Management team. You will learn all the ins and outs to using the amenities, programs, web systems, property questions and more. Residents are required to be closed on homes and to RSVP in advance to JGibson@grsmgt.com



Message from your PROPERTY MANAGER | Lori Nixon

As the holiday season approaches, I want to thank you for the warmth you bring to Valencia Sky. While we were without a Lifestyle Director, I had the pleasure of helping with activities and events. Spending that time with you gave me a chance to get to know many residents beyond our day-to-day conversations, and I'm grateful for the relationships we built.

As you make plans for your homes, please remember that all exterior modifications require approval before work begins.

Requirements vary by project, so I encourage you to contact me early. I'm happy to explain the application process and help you determine which documents or fees may be needed. Our management team is here to help keep Valencia Sky attractive, safe, well maintained, and enjoyable for everyone. Thank you for your cooperation and for the care you show our community.

Wishing you and your families a wonderful holiday season and a happy and healthy New Year!

Lori Nixon
Property Manager | Valencia Sky



Message from your HOA PRESIDENT | Tambra Wolfe

It has been a remarkable year for Valencia Sky. The Pro Shop, pickleball and tennis courts, and Dog Park opened in August, joining the Social Hub and Fitness Center as places for homeowners to spend time together and enjoy all the community has to offer.We have now sold 360 homes, with nearly 200 closed, and it is exciting to see the neighborhood take shape. Construction of our clubhouse began in April, with completion expected in summer 2027.

As we welcome more homeowners in the months ahead, these new spaces and shared experiences will become an even bigger part of life here.

We are also delighted to welcome Jillian Gibson as our Lifestyle Director. She brings fresh energy and ideas to the activities ahead, and I hope you'll enjoy getting to know her and taking part in the program she is building.Thank you for being part of Valencia Sky and helping make this such an exciting time for our community.

Tambra Wolfe
HOA President | Valencia Sky



Message from your LIFESTYLE DIRECTOR | Jillian Gibson

Thank you to everyone I've met over the past few months. Your friendly welcomes, conversations, and ideas have helped me feel at home at Valencia Sky. I've loved learning what you enjoy and what you'd like to see more of.

We have a festive season ahead, and I hope you'll join us for an activity or event that catches your eye. Come with a neighbor, bring someone new, or stop by on your own—there's always room to meet another friendly face.

I'm also planning our first- and second-quarter calendars for 2027. From social gatherings and educational programs to fitness, hobbies, and family-friendly activities, my goal is to offer a variety of ways to participate. I'm enjoying finding creative ways to use the spaces and resources we have, and your suggestions are always welcome. They help shape a Lifestyle Program that reflects the people who live here.I look forward to seeing you at the Social Hub and at events throughout the community. Here's to trying new things and making more memories together!

Jillian Gibson
Lifestyle Director | Valencia Sky

EVENT HIGHLIGHTS



OCTOBER

FITNESS POP UP PICKLEBALL CONDITIONING CLASS

Thursday, October 8th | 11:00 a.m. | Fitness Center



A dynamic conditioning class is designed to improve the strength, agility, balance and endurance needed for pickleball. Expect functional movements that support quicker reactions, better court movement and stronger overall performance.

Registration is required. Residents may use a class from their existing fitness package or purchase an individual class. Register through the Total Health Systems app or contact our office: 239-224-3477
info@totalhealthsystemsinc.com

OKTOBERFEST CELEBRATION

Thursday, October 8th | 5:30 p.m. | Social Hub | $15



Celebrate Oktoberfest the Valencia Sky way! Join your neighbors for a festive evening filled with traditional German-inspired food, beer, games, music, and plenty of fun. Break out your lederhosen and dirndls and enjoy our spirited nod to this historic German tradition!

LADIES LUNCHEON

Tuesday, October 13th | 12:00 p.m.
Lavender Café & Bistro | Free



Join the ladies of Valencia Sky for a delightful luncheon at Naples favorite, Lavender Café & Bistro. Enjoy Mediterranean-inspired cuisine in a charming setting while connecting with neighbors and making new friendships over a leisurely afternoon together.

NEIGHBORS NIGHT OUT AT FC NAPLES

Saturday, October 24th | 7:00 p.m.
Paradise Coast Sports Complex | $48



Get ready for an unforgettable Neighbors Night Out as Valencia Sky heads to an FC Naples match! Feel the excitement from the stands as we cheer on our local USL League One team, surrounded by waving flags, beating drums, and the electric energy of Naples' passionate supporters. Come for the match, stay for the camaraderie, and enjoy a spirited night out with your neighbors!



TAXES IN RETIREMENT SEMINAR

Wednesday, October 14th | 6:00 p.m. | Social Hub | Free

Planning for retirement goes beyond saving—it's also about understanding how taxes may impact your financial future. Join us for an informative Taxes in Retirement seminar designed to explore key tax considerations and strategies that can help you make more informed decisions for the years ahead.

CELEBRATE HALLOWEEN AT VALENCIA SKY | Saturday, October 31st



PICKLEBALL CHALLENGE

8:30 a.m. | Racquet Sports Complex | Free

Step onto the court for a spooktacular day of dinks and dread at our Halloween-themed pickleball event! Come dressed in your most creative, spooky, or hilarious costumes to compete for fantastic prizes in our costume contest! Sign up on PlayByPoint or reach out to the ProShop!



HOWL-O-WEEN AT THE DOG PARK

4:00 p.m. | Dog Park | Free

Let your pup steal the spotlight during an afternoon of costumes, treats, and friendly competition! Small dogs join the fun at 4 PM, followed by large dogs at 5 PM, with awards for the most creative canine costumes.



COCKTAILS & COSTUMES

6:30 p.m. | Social Hub | $10

The Halloween celebration continues at the Social Hub from 6:30–8:30 PM! Come dressed for the occasion and enjoy festive cocktails, music, mingling, and a few spirited surprises with your Valencia Sky neighbors. Join us for one event—or make it a spooky day with all three.

EVENT HIGHLIGHTS



NOVEMBER

CRIME PREVENTION SEMINAR

Wednesday, November 4th |6:00 p.m.
Social Hub | Free



Knowledge is one of the best tools for keeping yourself and your community safe. Valencia Sky is pleased to welcome a Crime Prevention Specialist from the Collier County Sheriff's Office for an exclusive resident seminar. Don't miss this valuable opportunity to hear directly from a local law enforcement expert and ask the questions that matter most to you.

BOYS & GIRLS CLUB OF COLLIER COUNTY TOY DRIVE

Wednesday, November 4th



Help make the holidays magical for children and teens across our community. Donate new toys, teen gifts, or gift cards today.

Visit www.BGCCC.com

Scan to Donate Here

VETERANS DAY BREAKFAST



Wednesday, November 11th
8:00 a.m. | Social Hub | Free

Join us at the Valencia Sky Social Hub as we honor the courage, service, and sacrifice of our nation's veterans. Gather with neighbors over bagels and coffee as we pay tribute and express our heartfelt gratitude to those who have served.

VETERANS DAY RED, WHITE & RALLY

Wednesday, November 11th
9:00 a.m. | Racquet Sports Complex | Free



Join us for Red, White & Rally as we celebrate Veterans Day with a morning of fun tennis games, friendly competition, and a special tribute to those who have served our country. Enjoy some coffee and donuts, hit the courts, and help us honor our veterans through a great day of tennis and community! Sign up on PlayByPoint or reach out to the ProShop!

LADIES SHOPPING & LUNCH AT MERCATO

Wednesday, November 11th
10:00 a.m. | Mercato | Free



Kick off your holiday shopping in style with a special morning at Mercato, beginning with an exclusive shopping experience at the one-of-a-kind Rebecca's. Enjoy special savings and personalized guidance from an in-store fashion advisor before joining your Valencia Sky neighbors for a relaxing lunch at Burntwood Tavern—the perfect blend of holiday shopping, dining, and great company

TRAVEL TIPS & TRICKS SEMINARS

Tuesday, November 17th
4:00 p.m. | Social Hub | Free



Think you know the ins and outs of travel? Think again! Join our local Cruise Planners experts for Travel Tips & Tricks as they share insider advice, answer your questions, and reveal the destinations, experiences, and excursions creating the biggest buzz for 2027. Your next great adventure might just start right here at Valencia Sky!

FRIENDSGIVING

Wednesday, November 18th
5:00 p.m. | Social Hub | $10



Gather around the table at the Social Hub for a heartwarming Valencia Sky Friendsgiving, celebrating good food, new friendships, and the community we're building together! We'll provide the turkey—you bring a favorite starter, side, or dessert, along with the recipe to share. Come hungry, leave with new recipes, wonderful memories, and maybe a few new friends!

BURN THE BIRD PICKLEBALL SOCIAL



Saturday, November 21st | 9:00 a.m.
Racquet Sports Complex | Free

Serve up some gratitude this season with our Thanksgiving-themed pickleball games! Gather your friends and hit the courts for a morning of rotating games and doubles. Be ready for friendly competition and enjoy some time with friends and family you are thankful for. Sign up on PlayByPoint or reach out to the ProShop!

EVENT HIGHLIGHTS



DECEMBER

MEDICARE SEMINAR
Wednesday, December 2nd
6:00 p.m. | Social Hub | Free

Medicare doesn't have to be complicated! Join us for an informative seminar designed to help you better understand your options, important updates, and key considerations when making decisions about your coverage. Bring your questions and gain helpful insight so you can navigate Medicare with greater confidence.

HOLIDAY TROLLEY
Thursday, December 17th
6:00 p.m. | Social Hub | $35

All aboard for a magical evening of holiday cheer! Join your Valencia Sky neighbors for a festive Holiday Lights Trolley Tour through the dazzling displays of Historic Victoria Park and downtown Naples. Sit back, enjoy the twinkling lights, and savor a special sweet treat along the way as we add a little extra magic to the season!

MERRY & BRIGHT HOLIDAY NIGHT
Thursday, December 10th
5:00 p.m. | Social Hub | $10



Throw on your festive best and get ready to mix, mingle, and dance the night away with your Valencia Sky neighbors! Bring a batch of your favorite cookies—and the recipe to share—for our Holiday Cookie Exchange, then put your creativity to the test by bringing your own gingerbread house to decorate and enter our Gingerbread House Contest.

DINK THE HALLS HIGHLIGHT
Saturday, December 19th | 9:00 a.m.



Get into the holiday spirit with your fellow Valencia Sky residents at Dink the Halls! Enjoy fun doubles pickleball, holiday laughs, and an Ugly Sweater Competition with a prize for the ugliest sweater. Grab a partner, wear your best (or worst) sweater, and come out for a festive morning on the courts! Sign up on PlayByPoint or reach out to the ProShop!

HOLIDAY FAMILY WEEK!
Starting December 28th



Grandkids in town for the holidays? We've got the fun covered! Valencia Sky will offer several days of festive activities designed to keep our youngest guests entertained, active, and making special holiday memories with family. Ages 4 & up welcome!

MOVE AND STRETCH
Tuesday, December 29th| Family Fit | 10am | $15



Get the whole family moving with our Move & Stretch Family Fit Class! Designed for all ages and abilities, this upbeat session combines movement, stretching, and plenty of fun—giving everyone a chance to stay active, laugh together, and enjoy a little healthy family competition during the holidays.

PICKLEBALL CAMP
Monday, December 28th | Pickleball Camp | 10am | $15



Let their competitive side shine at Pickleball Camp with Coach Nathan! Kids will learn new skills, build confidence, and have plenty of fun on the courts—while getting ready to challenge the whole family to a friendly match before the holidays are over!

ARTS AND CRAFTS
Wednesday, December 30th | 10:00 a.m. | Free



Join Jillian at the Social Hub for a festive day filled with holiday arts, crafts, creativity, and a few magical surprises along the way! Come ready to create, stay for the sweet treats, laughter, and new friendships—and take home a little handmade holiday cheer of your own.



VALENCIA SKY'S NEW YEAR'S EVE SOIREE
Thursday, December 31 | 9:00 p.m. | Social Hub | $50

The countdown to 2027 starts at the Social Hub! Join your Valencia Sky neighbors for an unforgettable after-dinner celebration, filled with music, dancing, and an elegant, festive atmosphere. Sip your favorite beverage, explore a beautiful charcuterie spread featuring desserts, and enjoy customized coffee service. Dress for the occasion, bring your dancing shoes, and join us as we raise a glass and welcome 2027 together!

October EVENTS

CALENDAR KEY:
Lifestyle Events | Hoa Events | Gather Events | Fitness/Wellness | Court Sports | Spa | Arts

SUN	MON	TUE	WED	THU	FRI	SAT
				1 8:00 a.m. | Open PB 8:00 am | Ladies Doubles Strategy 9:00 am | Valencia Steady	2	3 8:00 a.m. | Saturday Social PB 9:00 a.m. | Valencia Strong
4	5 8:30 a.m. | Intro to PB 6:00 p.m. | Men's Night Tennis	6 8:00 a.m. | Open PB 10:00 a.m. | Coffee & Conversation 5:00 p.m. | Equipment Clinic 6:00 p.m. | PB Shot Selection & Strategy 6:00 p.m. |Strength & Stretch	7 8:00 a.m. | The Dink Lab 12:00 p.m. | Fresh Catch	8 8:00 a.m. | Open PB 8:00 a.m. | Ladies Doubles Strategy 9:00 a.m. | Valencia Steady 11:00 a.m. | PB Conditioning 5:30 p.m. | Oktoberfest	9	10 8:00 a.m. | Open PB 9:00 a.m. | Valencia Steady
11	12 8:30 a.m. | Intro to PB 6:00 p.m. | Men's Night Tennis	13 8 a.m. | Open PB 12 p.m. | Ladies Luncheon 6 p.m. | PB Shot Selection & Strategy 6 p.m. | Strength & Stretch	14 8:00 a.m. | The Dink Lab 6:00 p.m. | Taxes in Retirement Seminar	15 8:00 a.m. | Open PB 8:00 a.m. | Ladies Doubles Strategy 9:00 a.m. | Valencia Steady	16	17 8:00 a.m. | Saturday Social PB 9:00 a.m. | Valencia Strong
18	19 8:30 a.m. | Intro to PB 6:00 p.m. | Men's Night Tennis	20 8:00 a.m. | Open PB 6:00 p.m. | PB Shot Selection & Strategy 6:00 p.m. | Strength & Stretch	21 8:00 a.m. | The Dink Lab	22 8:00 a.m. | Open PB 8:00 a.m. | Ladies Doubles Strategy 9:00 a.m. | Valencia Steady	23	24 8:00 a.m. | Saturday Social PB 9:00 a.m. | Valencia Strong 7:00 p.m. | Neighbors Night Out FC Naples
25	26 8:30 a.m. | Intro to PB 10:00 a.m. | Meet & Greet Down to Earth 1:00 p.m. | Kitchen Kutz 6:00 p.m. | Men's Night Tennis	27 8:00 a.m. | Open PB 6:00 p.m. | PB Shot Selection & Strategy 6:00 pm | Strength & Stretch	28 8:00 a.m. | The Dink Lab	29 8:00 a.m. | Open PB 8:00 a.m. | Ladies Doubles Strategy 9:00 a.m. | Valencia Steady	30	31 8:30 a.m. | Halloween PB Challenge 9 a.m. | Valencia Strong 4:00 p.m. | Howl-O-Ween at the Dog Park 6:30 p.m. | Cocktails & Costumes

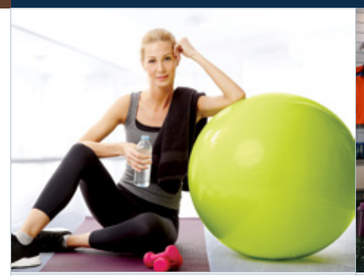
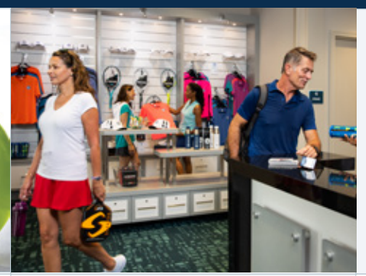
November EVENTS

CALENDAR KEY:
Lifestyle Events | Hoa Events | Gather Events | Fitness/Wellness | Court Sports | Spa | Arts

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 8:30 a.m. | Intro to PB 6:00 p.m. | Men's Night Tennis	3 8:00 a.m. | Open PB 6:00 p.m. | PB Shot Selection & Strategy 5:00 p.m. | Equipment Clinic 6:00 p.m. | Strength & Stretch	4 8:00 a.m. | The Dink Lab 12:00 p.m. | Fresh Catch 6:00 p.m. | Crime Prevention Seminar	5 8:00 a.m. | Open PB 8:00 a.m. | Ladies Doubles Strategy 9:00 a.m. | Valencia Steady	6	7 8:00 a.m. | Saturday Social PB 9:00 a.m. | Valencia Strong
8	9 8:30 a.m. | Intro to PB 6:00 p.m. | Men's Night Tennis	10 8:00 a.m. | Open PB 6:00 p.m. | PB Shot Selection & Strategy 6:00 p.m. | Strength & Stretch	11 8:00 a.m. | Veterans Day Breakfast 9:00 a.m. | Tennis Red, White & Rally 10:00 a.m. | Ladies Shopping & Lunch	12 8:00 a.m. | Open PB 8:00 am | Ladies Doubles Strategy 9:00 a.m. | Valencia Steady 10:00 a.m. | Coffee & Conversation	13	14 8:00 a.m. | Saturday Social PB 9:00 a.m. | Valencia Strong
15	16 8:30 a.m. | Intro to PB 6:00 p.m. | Men's Night Tennis	17 8:00 a.m. | Open PB 4:00 p.m. | Travel Tips & Tricks Seminar 6:00 p.m. | PB Shot Selection & Strategy 6:00 p.m. | Strength & Stretch	18 8:00 a.m. | The Dink Lab 5:00 p.m. | Friendsgiving Potluck	19 8:00 a.m. | Open PB 8:00 a.m. | Ladies Doubles Strategy 9:00 a.m. | Valencia Steady	20	21 9:00 a.m. | PB Event Burn the Bird 9:00 a.m. | Valencia Strong
22	23 8:30 a.m. | Intro to PB 6:00 p.m. | Men's Night Tennis	24 8:00 a.m. | Open PB 6:00 p.m. | PB Shot Selection & Strategy 6:00 p.m. | Strength & Stretch	25 8:00 a.m. | The Dink Lab	26 Thanksgiving Day Office Closed	27 Office Closed	28 8:00 a.m. | Saturday Social PB 9:00 a.m. | Valencia Strong
29	30 8:30 a.m. | Intro to PB 10:00 a.m. | Meet & Greet Down to Earth 6:00 p.m. | Men's Night Tennis	30				

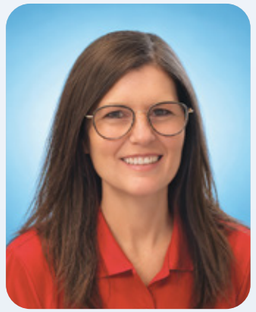
December EVENTS

CALENDAR KEY:
Lifestyle Events | Hoa Events | Gather Events | Fitness/Wellness | Court Sports | Spa | Arts

SUN	MON	TUE	WED	THU	FRI	SAT
		**1** 8:00 a.m. | Open PB 6:00 p.m. | PB Shot Selection & Strategy 5:00 p.m. | Equipment Clinic 6:00 p.m. | Strength & Stretch	**2** 8:00 a.m. | The Dink Lab 12:00 p.m. | Fresh Catch 6:00 p.m. | Medicare Seminar	**3** 8:00 a.m. | Open PB 8:00 a.m. | Ladies Doubles Strategy 9:00 a.m. | Valencia Steady	**4**	**5** 8:00 a.m. | Saturday Social PB 9:00 a.m. | Valencia Strong
6	**7** 8:30 a.m. | Intro to PB 6:00 p.m. | Men's Night Tennis	**8** 8:00 a.m. | Open PB 10:00 a.m. | Coffee & Conversation 6:00 p.m. | PB Shot Selection & Strategy 6:00 p.m. | Strength & Stretch	**9** 8:00 a.m. | The Dink Lab	**10** 8:00 a.m. | Open PB 8:00 a.m. | Ladies Doubles Strategy 9:00 a.m. | Valencia Steady 5:00 p.m. | Merry & Bright Holiday Night	**11**	**12** 8:00 a.m. | Saturday Social PB 9:00 a.m. | Valencia Strong
13	**14** 8:30 a.m. | Intro to PB 6:00 p.m. | Men's Night Tennis	**15** 8:00 a.m.| Open PB 6:00 p.m. | PB Shot Selection & Strategy 6:00 p.m. | Strength & Stretch	**16** 8:00 a.m. | The Dink Lab 9:00 a.m. | Big Red Blood Donation Bus 12:00 p.m. | Fresh Catch	**17** 8:00 a.m. | Open PB 8:00 a.m.| Ladies Doubles Strategy 9:00 a.m. | Valencia Steady 6:00 p.m. | Holiday Trolley Holiday Night	**18**	**19** 9:00 a.m. | PB Event Dink the Halls 9:00 a.m. | Valencia Strong
20	**21** 8:30 a.m. | Intro to PB 6:00 p.m. | Men's Night Tennis	**22** 8:00 am | Open PB 6:00 pm | PB Shot Selection & Strategy 6:00 pm | Strength & Stretch	**23** 8:00 a.m. | The Dink Lab 6:00 p.m. | Holiday Family Movie Night	**24** 8:00 a.m. | Open PB 8:00 a.m. | Ladies Doubles Strategy 9:00 a.m. | Valencia Steady	**25** Christmas Day Office Closed	**26** 8:00 a.m. | Saturday Social PB 9:00 a.m. | Valencia Strong
27 FAMILY WEEK	**28** 8:30 a.m. | Intro to PB 10:00 a.m. | PB Kids Camp 6:00 p.m. | Men's Night Tennis	**29** 8:00 a.m. | Open PB 10:00 a.m. | Family Fit Camp 6:00 p.m. | PB Shot Selection & Strategy 6:00 p.m. | Strength & Stretch	**30** 8:00 a.m. | The Dink Lab 10:00 a.m. | Arts & Crafts 12:00 p.m. | Fresh Catch	**31** 9:00 p.m. | New Year's Eve Party		

FITNESS PROGRAM

A Message from your
FITNESS DIRECTOR | Marni Rudnick



At Total Health Systems, we believe wellness is about more than exercise, it's about showing up for yourself, connecting with others, and building habits that support a strong, vibrant life. We're honored to be your partner on this journey. Thank you for being part of our community!

With appreciation,
Marni Rudnick
Fitness Director | Valencia Sky

TOTAL HEALTH SYSTEMS

OCTOBER – DECEMBER FITNESS CLASS SCHEDULE

STRENGTH & STRETCH
Tuesday | 6:00 p.m.

Begin with a warm-up followed by low-intensity strength and balance exercises. The second half of the class will be devoted to restorative stretching to help elongate muscles and improve joint mobility and range of motion.

VALENCIA STEADY
Thursday | 9:00 a.m.

A focused class designed to improve balance, coordination, and stability through controlled, functional movement. You'll leave feeling steadier and more confident on your feet.

VALENCIA STRONG
SATURDAY | 9:00 A.M.

A full-body strength class using controlled movements, resistance bands, and light weights to build strength and support overall fitness. You'll leave feeling stronger and energized.

All classes are 50 - minutes.
*Note times and classes are subject to change.

GROUP FITNESS REGISTRATION
Class Packages

5 class pack | $40 ($8/class)
10 class pack | $65 ($6.50/class)
Individual class | $12

Registration Opens
October Classes (September 15)
November Classes (October 20)
December Classes (November 17)
Register using the Valencia Sky Lifestyle App.
Navigate to the Fitness Section.

COMPLIMENTARY EQUIPMENT CLINICS
Get comfortable. Get confident.
Get more from your workout.

Join Total Health Systems for a complimentary equipment clinic designed to help residents become more familiar with the fitness center equipment, proper setup and safe, effective use.

Tuesday, October 6th | 5:00 pm
Tuesday, November 3rd | 5:00 pm
Tuesday, December 1st | 5:00 pm
Complimentary | No registration required
Simply stop by the Fitness Center and join us.

VS

PERSONAL TRAINING
Your Goals. Your Training. Your Pace.

Personal training with Total Health Systems provides individualized support based on your goals, fitness level and experience. Whether you want to build strength, improve mobility, increase confidence or create a more consistent fitness routine, your trainer can help you move forward with a plan built around you.

30-minute sessions:
3 sessions | $165 ($55/session)
10 sessions | $500 ($50/session)

1-hour sessions:
3 sessions | $225 ($75/session)
10 sessions | $700 ($70/session)
15 sessions | $975 ($65/session)

TOTAL HEALTH SYSTEMS
Fitness | Wellness | Personal Training
239-224-3477
info@totalhealthsystemsinc.com



FIT RECIPE
CHICKPEA CUCUMBER SALAD
Fresh, simple, and packed with flavor!

Ingredients
1 can chickpeas, drained and rinsed
1 cup chopped cucumber
1 cup cherry tomatoes, halved
¼ cup red onion, finely diced
2 tbsp chopped fresh parsley
2 tbsp crumbled feta cheese
Juice of ½ lemon
2 tbsp olive oil
Salt & pepper to taste

To Make
Combine the chickpeas, cucumber, tomatoes, red onion, parsley and feta in a bowl. Add the lemon juice and olive oil, toss gently and season with salt and pepper to taste.



THE RACQUET CLUB

VALENCIASKY

A Message from your

DIRECTOR OF RACQUETS | Nathan Smiley



Hello Valencia Sky Residents!
I'm incredibly excited to be starting this journey with all of you as your Director of Sports. Since joining Valencia Sky, I've really enjoyed getting to know our members and seeing the excitement around our new tennis and pickleball programs.

Whether you're picking up a paddle for the first time, looking to improve your tennis game, or just want to meet some new people on the courts, my goal is to make our racquet-sports program a place where everyone feels welcome, has fun, and continues to improve.

We have a lot of exciting things ahead, including new clinics, events, and plenty of opportunities to get out and play. I'm looking forward to seeing everyone on the courts or in the shop and building something special together here at Valencia Sky!

Let's get out there and play!



SPORTING TIPS FROM COACH NATHAN:

Focus on consistency before power.
Whether you're playing tennis or pickleball, it can be tempting to try to hit every shot harder. Instead, focus on controlling your placement, keeping the ball in play, and making your opponent hit one more ball because that is the key to having successful gameplay.

The goal isn't always to hit the best shot — it's to make the next shot easier.

OCTOBER - DECEMBER RACQUET SPORTS SCHEDULE

Pickleball Open Play | Tuesday & Thursday | 8:00 a.m. – 10:00 a.m. | Free
Come out and enjoy Pickleball Open Play at Valencia Sky! Meet fellow members, play games and enjoy friendly competition with rotating play. Everyone is welcome. No partner needed, just bring your paddle and come play!

Pickleball Clinics
Monday | 8:30 a.m.
Intro to Pickleball
(Beginners) $25
Tuesday | 6:00 p.m.
Shot Selection & Strategy
(Intermediate-Advanced) $35
Wednesday | 8:00 a.m.
The Dink Lab
(Intermediate-Advanced) $35
Saturday | 8:00 a.m.
Saturday Social with Nathan (All Levels) $15

PICKLEBALL

Intro to Pickleball - New to pickleball? Learn the fundamentals, rules, and basic shots in a fun, welcoming environment.

Shot Selection & Strategy - Intermediate to advanced players can sharpen their decision-making, shot selection, and overall doubles strategy.

The Dink Lab - Intermediate to advanced players focus on dinking, resets, positioning, and developing a more consistent competitive game.

Saturday Social with Nathan - All levels are welcome for rotating play, friendly competition, and plenty of smiles on the court!

TENNIS CLINICS

Monday | 6:00 p.m.
Men's Night Tennis (Intermediate-Advanced) $35

Thursday | 8:00 a.m.
Ladies Doubles Strategy (Intermediate-Advanced) $35

CLINICS & PROGRAMMING

At Valencia Sky, we offer a wide variety of tennis and pickleball programs designed for every level of resident — from beginners picking up a paddle or racquet for the first time to experienced players looking to take their game to the next level. Most importantly, come ready to play, improve, and bring plenty of smiles!



TENNIS

Ladies Doubles Strategy — Intermediate to advanced players can improve positioning, communication, shot selection, and doubles strategy.

Men's Night Tennis — Intermediate to advanced players can enjoy competitive match play, sharpen their skills, and have some fun on the court

CLASS REGISTRATION

Private Lesson Rates – Pickleball & Tennis
1 person 1 hour - $95
2 people 1 hour - $50 per person
3 people 1 hour - $35 per person
4 people 1 hour - $30 per person

Additional options will be available as the neighbohood grows.Register using the Valencia Sky Lifestyle App. Navigate to Racquet Sports



SPORTS & RACQUET CLUB

October – December Pro Shop Hours of Operation
Monday – Sunday | 8:00 a.m. – 11:00 a.m.
Monday – Friday | 5:30 p.m. – 7:30 p.m

PRO SHOP

proshop@vskyathletics.com
239-480-5528
Hours may vary based on clinics and lessons.

GUEST POLICY

A $10 guest fee will be charged to the resident's Playbypoint account. Each resident may bring up to four guests, and the resident must be present with the guest while they are using the facilities. Guests attending a private lesson or clinic will also be charged the applicable guest fee in addition to the regular lesson or clinic rate. All guests must fill out the Valencia Sky Recreation Amenities Release and Waiver. All events are flexible with weather and can be rescheduled due to weather conditions. All events and clinics need to be registered 24 hours before the event/clinic. Cancellations must be made 24 hours before the event clinic as well for a full refund.

CANCELLATION POLICY

Must contact the pro shop 24 hours before reservation otherwise you will be fully charged.

October/December 2026 | VOl 1

THE Sky Life

VALENCIASKY

NAPLES PREMIER 55+ COMMUNITY



CLUBS

BEGINNER MAH JONG
Diana Radetsky | drdgt11@gmail.com

MEXICAN TRAIN
Terri Campbell| pghterri@msn.com

HAND & FOOT
Donna Limbach | Lim12496495@gmail.com